





## Scoring the Menstrual Practice Needs Scale (MPNS-36)

For more information see: [www.menstrualpracticemeasures.org](http://www.menstrualpracticemeasures.org)

	Never 	Sometimes 	Often 	Always 
<b>Material and home environment needs</b> Mean score of items:				
1	0	1	2	3
2	0	1	2	3
3	0	1	2	3
4	0	1	2	3
10	0	1	2	3
11	0	1	2	3
12	0	1	2	3
13	0	1	2	3
16	0	1	2	3
17	0	1	2	3
18	0	1	2	3
<b>Transport and school environment needs</b> Mean score of items:				
8	0	1	2	3
9	0	1	2	3
23	0	1	2	3
24	0	1	2	3
25	0	1	2	3
<b>Material reliability concerns</b> Mean score of items:				
5	3	2	1	0
6	3	2	1	0
7	3	2	1	0
<b>Change and disposal insecurity</b> Mean score of items:				
14	3	2	1	0
15	3	2	1	0
19	3	2	1	0
20	3	2	1	0
21	3	2	1	0
22	3	2	1	0
26	3	2	1	0
27	3	2	1	0
28	3	2	1	0
<b>Those reusing materials...</b>				
<b>Reuse needs</b> Mean score of items:				
29	0	1	2	3
30	0	1	2	3
31	0	1	2	3
32	0	1	2	3
33	0	1	2	3
<b>Reuse insecurity</b> Mean score of items:				
34	3	2	1	0
35	3	2	1	0
36	3	2	1	0
<b>Total Score</b> Mean score all relevant items				